



Fidalgo Rehabilitation INFORMATION FACT SHEET

- FACILITY:** Fidalgo Rehabilitation (*dba Roe Family Facilities*)
- ESTABLISHED:** Built in 1973, the facility at the time was a 119-bed Skilled Nursing Facility. The original building received a complete retrofit in 2000, which downsized the facility to 44 beds, but with a brand new, adjacent 84-apartment Assisted Living complex. Upon completion of this construction, the campus was renamed Alliance Living Community.
- Roe Family Facilities began operating the campus on December 16, 2004.
- OWNER:** Jim Roe, owner and president of Roe Family Facilities
- BEDS:** 44 beds (short-term rehabilitation)
- DESCRIPTION:** Fidalgo Rehabilitation is a short-term rehabilitation and recovery care community for individuals after hospitalization. We follow The Eden Alternative, which is a philosophy based on the premise that aging should be a continued stage of development and growth, rather than a period of decline. As such, we celebrate our residents with compassionate and individualized, quality care, meaningful recreational opportunities and leisurely programs that promote lifelong learning.
- REHABILITATION SERVICES:** As a privately-owned rehabilitation center, we are not constrained to corporate guidelines when it comes to the type or amount of therapy our residents receive.
- Physical Therapy: Our physical therapists focus on maximizing our residents' function after injury, illness or surgery with a goal to improve strength, balance, coordination or adaptation to one's environment. Safety is our number one priority when implementing any kind of therapy plan.
- Occupational Therapy: Our occupational therapists are here to support our residents in performing activities that will help them be successful at home. Whether it's cooking, cleaning, dressing or performing self-cares, our residents are guided toward maximum self-sufficiency.
- Speech Therapy: Our speech therapists focus on communication and swallowing impairments. Our speech therapists are equipped to design a program catered to meet individualized needs allowing the highest possible level of function.

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REHABILITATION SERVICES (cont.): Respiratory Therapy: Fidalgo also has respiratory therapists as needed to help residents develop good breathing techniques to help residents regain independence, but can also be consulted on what equipment will best help residents meet their goals.

NURSING SERVICES: While our nurses are fully capable of meeting all standards of nursing care for our residents (ie. medications, oxygen management, diabetes management, etc.), our nursing staff is also equipped to handle more complex needs such as wound care including wound vac therapy, tracheostomy, IV medications and much more. We also have consulting nurses for complex wounds and mental health services as needed.

OTHER SERVICES: Activities: We take great pride in providing our community of residents with enriching and fulfilling recreation on a daily basis. Leisure programming is guided by our residents' wishes and interests which allows us to incorporate a myriad of fun-filled activities that suit their individual needs.

Transportation: Our modern, wheelchair accessible utility van ensures a safe and reliable transport for your loved one to and from appointments, errands and outings into the community.

Beautician: We have a talented hair stylist who comes to the community once a week to provide haircuts, trims and color for our residents.

Social Services: Navigating through healthcare scenarios can often be overwhelming and frustrating for residents and their families. Our social services team is here to help ease this stress however possible by providing community resources, coordinating home health services, assisting with Medicaid applications and leading care plan conferences.

Dietary: Maintaining optimal nutritional health is so very important for our residents and we take the responsibility very seriously. Our registered dietician works directly with our residents so that we can meet and exceed their dietary needs for each meal, every day.

MOTTO: A family of friendly faces encouraging wellness, humor, happiness, and a sense of purpose. Where life with all its variety and joys will not be over for our elders when they cross our doorstep.

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